

Sad to Happy

Friendship is a funny thing, you don't know when it's going to happen. For me, it was the first day of school in kindergarten. I was scared and frightened because I didn't know anybody. I didn't even want to go outside to recess because I thought I would be alone and no one would want to play with me. I have always been shy and didn't know how to ask others to play. But I had no choice, I had to go out for recess and I was upset.

So I went out and sat in a corner of the playground and hoped recess would end soon. After a few minutes, two girls walked up to me and asked if I wanted to play. I turned and saw a girl in my class who had blond hair and a big smile that made me feel very happy. Her name was Lo. The other girl had bright blue eyes that reminded me of the sky. Her name was Callie. And as we all looked at each other, we started laughing. I knew right then I wanted to be their friend, but I didn't say it out loud. I was still too shy.

Right then, Lo asked me if I would be her friend and Callie asked if I would like to play with her and other girls they already knew in our class. I felt excited and happy and suddenly I didn't want recess to end!

Lo, Callie and I became good, good friends and we are still good friends today. We play every day and I always remember the lesson they taught me on the first day of school. Lo and Callie showed me how easy it is to include people and make them feel welcome.

It was such a good lesson because after that I haven't been so shy. A whole bunch of times I have met new people by asking them to be friends and not being shy myself. I started Irish dance and didn't know anybody in the school. But rather than be shy I asked a girl to be my friend and she seemed happy that I asked. I was glad I asked too because I learned from Lo and Callie how it feels good to be included.

When I saw this contest, I thought about why I like having friends. It made me want to write down how I met two friends and why friends are important. Friends make you feel happy. Friends help you when you are feeling disappointed or sad. When they are your own age you sometimes like the same things and have the same hobbies. I am proud to be called a friend but mostly I'm proud I have such nice friends.

Maybe one day Lo and Callie might move away or go to different schools. But they will always be my friends and I will always remember how they taught me to be brave. Now I ask people to be friends and they always smile.

